

RHE	Healthy Happy Friendships Similarities & Differences	Year group: 6	Term: Autumn
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Prior Knowledge

Y5 chn learnt about identify and peer pressure. Chn learnt also to identify own strengths, weaknesses and abilities. Internet safety.

Key vocabulary:

Personal safety, risk, consequences, friends, change, relationships, emotions, feelings

Online identity, communication, risk, online bullying, offline bullying, diversity, differences, inclusive

Identity



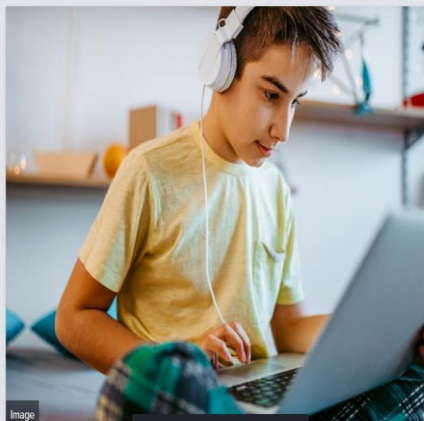
Skills to be taught:

Demonstrate ways of resisting pressure and consider benefits and costs of trusting others.



Online identity

Similarities and differences



Key Knowledge

- Know about personal safety and how to recognise risk.
- Describe ways that change can affect our friendships and identify ways are feelings may change towards others
- Be able to define feelings and emotions
- Explain why we may feel a range of emotions and how to manage these
- Describe positive and negative reasons why someone might create an online identity that is different to their offline identity
- Explain ways to be safe online and why some situations are risky
- Know what cyber bullying is and how it differs from offline bullying
- The importance of respect and kindness when communicating online
- Know ways to celebrate diversity and challenge stereotypes and pre-judgements

RHE	Caring & responsibility Families & Committed Relationships	Year group: 6	Term: Spring
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Prior Knowledge

In Y4 chn learnt how people's care needs change, the benefits of volunteering, range of different families, committing in a relationship

Skills to be taught:

Be able to seek advice about transition and identify reasons for making sensible choices

Key Knowledge

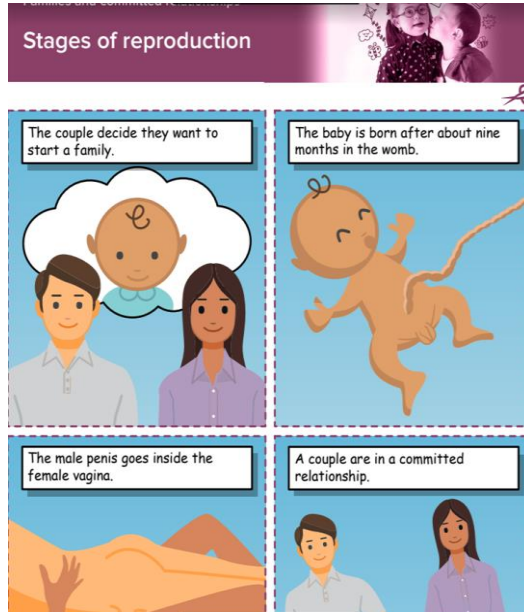
- Know how to recognise strengths and identify areas for development
- Ways that people can take care of themselves and achieve their goals
- Identify reasons for making responsible choices about money and know the benefits of saving money
- Know where and how to get support at secondary school
- Explain how responsibility changes as our independence grows
- Human reproduction
- Explain the impact having a baby can have
- Know the costs associated with having a baby
- How life-changing having a baby is
- Explain why it is important that people are ready for and committed to this new change

Key vocabulary:

Strengths, selfcare, development, saving, bank account, responsible, irresponsible, budget, budgeting, interest, transition, secondary, independence, responsibility, networks

Sexual intercourse, sex, fertilise, conception, foetus, sperm, egg, pregnant, IVF, adoption, Caesarean Section, baby, commitment, responsibility, need, budget

Stages of reproduction





Knowledge Organiser

RHE	Healthy body and healthy mind Coping with change	Year group: 6	Term: Summer
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Prior Knowledge
In Y5: positive self image, respect for health and wellbeing, alcohol, caffeine, smoking and how these affect the body.

Key vocabulary:
Self respect, confidence, strengths, weaknesses, goals, social media, comparison, FOMO (fear of missing out), mental health, mental ill-health, wellbeing, symptoms, mild

Body image, reality, pressure, attributes, influence, relationships, emotions, secondary school, future, memories, reflect



Skills to be taught:
Describe self respect
Have someone to tell if worried
Ways to look after mental health
Reflect on time in Year 6 and Primary

Coping with change

My Year 6 memories

This is what I look like:

My friends in Year 6 are:

My best memory of Year 6 is:

My favourite lesson in Year 6 was:

My favourite school trip or activity in Year 6 was:

The funniest thing that happened in Year 6 was:

Something I can do now which I couldn't do in Year 5 is:

Key Knowledge

- How self respect can affect our mental health and wellbeing
- Describe how the internet and social media can affect our feelings and wellbeing
- Know what to do if we are worried about or affected by something that we see online
- Explain what mental health is and the symptoms of mental ill-health and how to get help if needed
- Describe ways in which external influences can influence and affect the way people view themselves
- Know how to celebrate their own bodies, strengths and attributes
- Puberty can impact our relationships with others
- Different ways to help resolve relationship issues when they occur
- Reflect on time in Primary and know to go to if there are questions